



CMDC Fall/Winter 2021 - Spring 2022 Saturday Schedule:

Time	Class	Division	Studio	Teacher
9:00 - 10:00	Adult Stretch & Tone	Adult	A	Carl
9:00 - 10:00	Creative Movement A – 3 year old	Children's	C	LaNiece
9:00 - 10:00	Creative Movement B – 4 year old	Children's	B	India
9:00 - 10:00	Creative Movement C&D – 5 & 6 year old	Children's	D	Kiara
10:15 - 11:15	Beginning Ballet 1a (6-8)	Open	A	Homer
10:15 - 11:15	Beginning Ballet 1b (9-11)	Open	C	LaNiece
10:15 - 11:15	Basic Tap (5-7)	Open/PYP	B	Kiara
10:15 - 11:15	Division 1 Ballet (advanced beginning ballet)	Division 1	D	TBD
11:30 - 12:30	Beg Jazz (6-8)	Open	D	Nia Towe
11:30 - 12:30	Beg Hip Hop (6-8)	Open	B	Trevon
11:30 - 12:30	African (8+)	Division 1 & 2	C	Carl
12:45 - 1:45	Hip Hop 1	Division 1	C	Trevon
12:45 - 2:15	Division 2 Ballet	Division 2	B	TBD
12:45 - 2:15	Int/Adv Ballet	Division 3 & 4	D	Homer
2:30 - 5:30	Junior Company	Division 2 & 3	A	
2:30 - 5:30	Senior Company	Division 4	D	

The Junior and Senior company class is designed to ensure that all professional training students have a well-rounded knowledge of multiple dance styles. Class will consist of instruction in a variety of dance styles including Hip Hop, Contemporary, Jazz and Latin dance. Styles will rotate throughout the year, and guest teachers will be brought in from time to time.

Junior and Senior Company will perform at events around the city, including Navy Pier on September 25th and the Garfield Park Conservatory on October 23rd.



CMDC Fall/Winter 2021 - Spring 2022 Weekday Schedule:				
Time	Class	Division	Studio	Teacher
Division 1 & 2: Tuesdays and Thursdays				
5:00 - 6:00	Floor Barre & Strengthening	Division 1 & 2	D	LaNiece
6:00 - 7:30	Division 1 Ballet	Division 1	C	LaNiece
6:00 - 7:30	Division 2 Ballet	Division 2	D	Nia Parker
7:30 - 8:30	Musical Theater	Division 1 & 2	D	LaNiece
Division 3 & 4: Mondays and Wednesdays				
5:00 - 6:00	Floor Barre	Open	D	Homer
6:00 - 7:30	Division 3 Ballet	Division 3	C	Imani
6:00 - 7:30	Division 4/Adv Ballet	Division 4/Adv	A	Lauren
7:30 - 8:30	Beginning Pointe	Placement based on skill. Must be enrolled in Division 3 or 4 ballet	C	Imani
7:30 - 8:30	Intermediate Pointe		A	Lauren
Division 3 & 4: Fridays				
5:00 - 6:00	Cross Training	Open	D	Carl
6:00 - 7:30	Division 3 / 4 Ballet	Division 3/4	D	Khajya
6:00 - 7:30	YAGP Prep	Invitation only	A	Lauren
7:30 - 8:30	Hiplet	Division 4	D	Homer

Floor Barre and Cross training are free for students enrolled in a ballet class. We strongly encourage students to attend as often as possible as it will help them get stronger. Monday/Wednesday Floor barre and Friday cross training may be purchased a la carte for all other students or for a drop in fee of \$15/class.

Ballet class begins promptly at 6 pm. Students not attending floor barre should arrive no later than 5:45. While we understand that it is difficult to get through Chicago traffic after work, ideally students should arrive as early as possible so they have time to breathe and prepare themselves mentally for class.