

CMDC DRESS CODE GUIDELINES

Female Dancers

Leotards – CMDC allows students to wear any style of solid color leotard according to group/division. Please make sure that leotards fit your body type.

- Decision 4/Adv - Black
- Division 3 - Burgundy
- Division 2 - Royal Blue
- Division 1 - Royal Blue
- Beginning Ballet 1a & 1b - Sky Blue
- Creative Movement (All levels) - Pink

Tights – CMDC students wear flesh-tone, convertible tights, as close to your own skin tone as possible. Students are expected to wear tights without runs or holes.

Shoes – For ballet, female students are to arrive at class with their technique and pointe shoes dyed to match their tights. Ribbons and elastics must be sewn, not pinned or tied and also dyed. CMDC will spray shoes upon request: Cost: \$8.00 If you choose to spray your shoes, we recommend using Meltonian Nu-Life Color Spray, available for sale at CMDC.

Hair – Female students must wear their hair swept back and up in a secure ballet bun. Braids are OK, however, they should be tied back, and if there are beads they should be secure. No head coverings are allowed.

Accessories – Jewelry is not allowed in class; students are encouraged to leave it at home. Only stud earrings are allowed in class.

Male Dancers

T-Shirt – A fitted white or black short sleeved or tank top is appropriate.

CMDC DRESS CODE GUIDELINES

Tights/Leggings or Fitted shorts – Must be black (no runs or holes); coupled with a dance belt. If desired socks can be worn, however, no sweats.

Shoes – Flesh tone or black ballet technique shoes are required.

Hair – Must be neat, no head coverings. If long, hair must be secured and pulled away from the face.